

Samlet oversigt over fundne rapporterede målemetoder på tværs af PICO spørgsmål
<i>Kroppens funktioner</i>
Mentale funktioner
Sensomotoriske funktioner
Muskeltonus:
Modified Ashworth Scale Instructions (MAS)*
Muskelstyrke:
Maksimal grebs-styrke (kg)
(Newton)
Motorisk funktion:
Fugl-Meyer Assessment (FMA) - motor function changes*
Ledbevægelighed:
(Grader)
Fugl-Meyer Assessment (FMA) - range of Movement changes*
Kondition:
Peak aerobic capacity (VO2 peak (i ml/kg/min))
Maximum cycling work rate (i watt)
<i>Aktiviteter</i>
Armens og håndens koordination ved afsluttet indsats:
Box and Block Test (BBT)*
Armens og håndens bevægelser ved afsluttet indsats:
Action Research Arm test (ARAT)*
Abbreviated Wolf Motor Function Test (AWMFT)*
Udførelse af PADL:
Barthel Index (BI)*
Modified Barthel Index (BI)*
Functional Independence Measure (FIM)*
Functional Independence Measure (FIM)-motor total*
Functional Independence Measure (FIM) - self-care changes*
Nottingham extended ADL index (NEADL)*
Udførelse af IADL:
Canadian Occupational Performance Measure (COPM) – udførelsesscore*
Nottingham Extended Activities of Daily Living Scale (NEADL)
Tilfredshed med udførelse af IADL:
Canadian Occupational Performance Measure (COPM) – tilfredshedsscore*
Mobilitet:
Rivermead Mobility Index (RMI)*
Functional Ambulation Categories (FAC)*
Functional Independence Measure (FIM) - mobility changes*
Functional Independence Measure - locomotion (FIM)*
Timed "Up & Go" Test (TUG (i sek.))*
Motor Assessment Scale (MAS)*
Sit-to-stand (STS)
Rivermead Motor Assessment – Gross Function (RMA-GF)
Trunk Control Test (TCT)*
Stair climbing

Walking
Motor Assessment Scale (MAS) - walking*
Tinetti gait*
Balance:
Berg Balance Scale (BBS)*
Motor Assessment Scale (MAS) – sitting *
Fugl-Meyer Assessment (FMA) - balance *
Postural Assessment Scale for Stroke (PASS)
Standing affected leg, standing nonaffected leg
Brunel Balance Assessment (BBA)*
Functional Reach (FR)*
Lateral Reach Rest (LRT)
Static standing
Step reaction time
Step test (ST)*
Trunk Impairment Scale (TIS)*
Gangudholdenhed:
Six-minute Walk Test (6MWT (i meter))*
Ganghastighed:
Maximum Walking Test (MWT (i m/min))
10 meter Walking Test (10mWT)*
(Meter pr. sekund)
<i>Deltagelse</i>
Deltagelse i IADL og/eller fritidsaktiviteter:
Reintegration to Normal Living Index (RNLI)*
<i>Livskvalitet</i>
Selv vurderet helbred og selv vurderet funktionsevne:
Medical Outcome Study Short Form (SF-36) – Physical component Score (PCS)*
Medical Outcome Study Short Form (SF-36) – Mental component Score (MCS)*
Nottingham health profile (NHP)*
Quality of life (QqL)*
Stroke-adapted 30-item version of the sickness impact profile SA-SIP30)*
<i>Skadevirkninger under i - eller efter indsats</i>
Fald
Smerter: Fugl-Meyer Assessment (FMA) – pain changes*
Svimmelhed/hovedpine
Hudirritation
Øget blodtryk
Muskeltonus
Død ved sidste opfølgning
Død eller forringet funktionsevne

*) Markerer at måleredskabet er beskrevet på Rehabilitation Measures Database: www.rehabmeasures.org