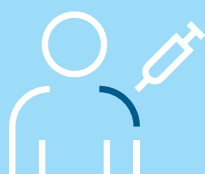


Good advice Good habits

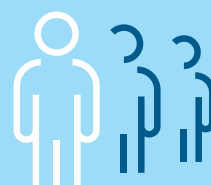
There is still a lot you can do
to avoid infection



Get vaccinated



**Stay at home
if you are ill**



Keep your distance



**Open windows and
doors and ventilate
your home regularly**



**Wash hands frequently
or use hand sanitiser**



**Clean thoroughly and
regularly, especially
surfaces that are touched
by many people**